



Pregnant or nursing? You are invited to the Sanilac County Baby Pantry for a free presentation:

Breastfeeding Basics

*** Preparing for Success ***

Topics:

- The AMAZING Benefits of Breastfeeding
- What to Expect After Delivery (and Beyond)
- The Perfect Latch
- Building and Maintaining Milk Supply
- Pumping/ Returning to Work
- Common Myths vs. Facts
- Q & A/ Open Discussion “Real Mom Talk”

Dates:

June 24, 2019

July 22, 2019

August 26, 2019

September 23, 2019

October 28, 2019

November 25, 2019

December 9, 2019

Time:

12:00 p.m. – 2:00 p.m.

Venue:

Sanilac County Baby Pantry
(Sandusky Location)
Maple Valley Elementary School
138 Maple Valley Street
Sandusky, MI 48471



FREE ADMISSION!

Register Today!
(810) 648-4098
ext. 110