

MIHP

Maternal Infant Health Program

A **FREE** program brought to you by



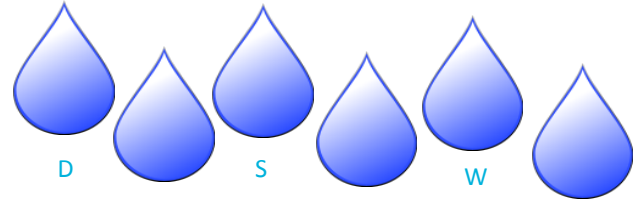
Sanilac County Health Department

171 N. Dawson St. Ste. 123

Sandusky, MI 48471

(810) 648-4098 ext.115 or 117

Sometimes growing a family can be overwhelming. Let our MIHP staff help! We know that pregnancy and becoming a mother for the first time can leave us with a lot of questions. Let us help you to *feel your best* during pregnancy and *do your best* raising your baby.



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The only qualification is having Medicaid!

How can MIHP help? We can also assist with:

- Monthly RN visits
- Monthly visits from our Social Worker
- Baby Items
- Medical Insurance/ Medicaid
- Nutrition
- Transportation
- Labor & Delivery
- Mileage Reimbursement
- Smoking Cessation
- Establishing an O.B./ Pediatrician
- Infant Safety
- Utility/Rent
- Breastfeeding
- Parenting Classes
- Wellness
- Community Events
- Post Partum Depression

...AND SO MUCH MORE!



Program also includes education on feeding & development along with weight checks for your newborn

Please call: Megan, RN ext. 117 or Heather, LBSW ext. 115



We're here to help!